

December 2021

NERRY CHRISTMA

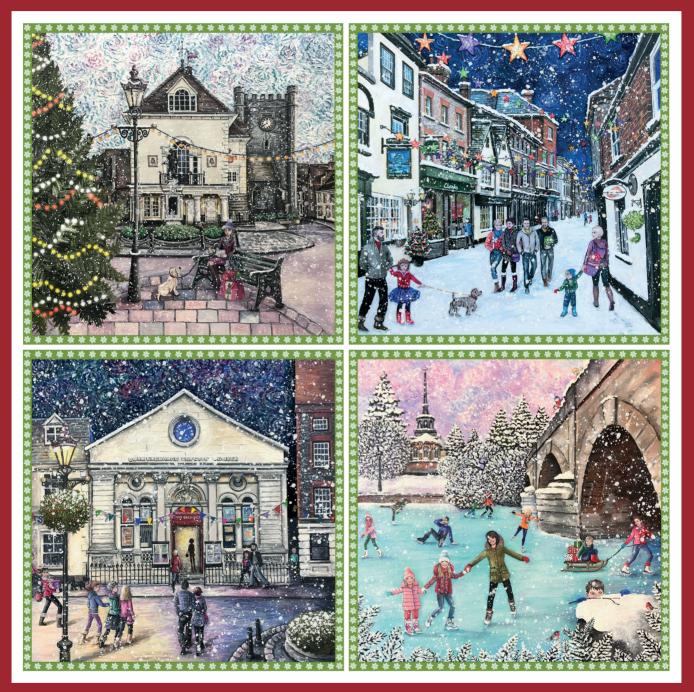
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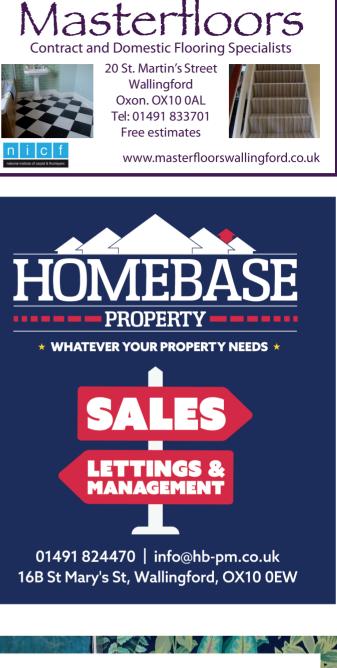


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#### Advert sizes:

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#### **Articles:**

Supplied in MS word. Please provide any photos or images including logos separately (jpeg files) that you would like in your article.

#### Deadline date to submit: 10th January 2022

Editor: Naomi Reddyhoff info@windowonwallingford.co.uk Marketing, Accounts & Administration: Jessica Dovey jess@windowonwallingford.co.uk Distribution: Naomi Reddyhoff info@windowonwallingford.co.uk Advertising Sales: Lesley Longden lesley@windowonwallingford.co.uk Feature Writer: Rosa Maitland info@windowonwallingford.co.uk

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Adverts will continue to run unless cancelled.

# Hi Everyone

2021 has been a slightly strange and most amazing year. Some sadness and losses, some joyfulness and gains. Overall, though, I believe it has turned out okay in the end.

Booster jabs, travel, jobs, firework displays and lots of new businesses opening, especially in Wallingford.

I would like to take this time to thank all our Delivery Volunteers. Without you there would be no magazine to read. Thank you very, very much for all your past and continued delivering.

It is with sadness that we say goodbye to two of our long-standing Distributors: Michael Collins and David Simmons are stepping down after many years of service. Team WoW thank you for all that you have done for the magazine, you will be missed, we wish you all the best.

#### Now I need to put out a plea for some more volunteer distributors please.

It takes about 3 hours a month to drop the magazine off to deliverers, you will need a car and a little bit of muscle to lift the magazines. Please get in contact with us if you can help. **info@windowonwallingford.co.uk**.

We hope you like the design of the magazine this month. Chris, our designer, and setter, decided to do something different.

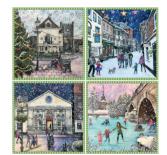
Personally, I love it. We also get to showcase two local artists at the same time. Mandy Reekie for her fabulous Wallingford Christmas cards and Claire Cross for her wonderful Wallingford World.

So, we move forward to a New Year, 2022, I'm positive there are many exciting things to come, a bit more normality and some new normality. We will see you then.

Have a Cracking Christmas and a Delightful New Year.

Stay safe, have fun.

Team WoW



#### About the cover artist

I've lived here in Wallingford with my husband Michael for almost five years. In 2012 I gave up my

part time job in a school after sadly losing my sister Kate to Motor Neurone Disease. She was only 57 and losing her so tragically made me rethink my life and future and spurred me on to do something more creative that I felt passionate about and, to be honest, I've barely looked back.

The reaction to my work has been amazing and I am lucky to have been so busy painting lovely joyful portraits for people. I also regularly sell prints of local places of interest and my Christmas cards are now for sale, so please get in touch if you'd like to order anything. Many thanks folks.

email mandyreekie61@gmail.com, www.Facebook.com/MandyReekieArt





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Our care home is open for viewings Call us on freephone 0808 223 5401 Find us online caringhomes.org Churchfield Lane, Benson, Wallingford, Oxfordshire, OX10 6SH Benson House

### The Christmas 'Tree of Gratitude' Sunday 5th December 2021

With kind permission from Wallingford Town Council, the tree will be positioned at the Rest Gardens again, next to Past & Present, and opposite Waitrose in St. Martin's Street, where it will remain throughout the Christmas period until the New Year. For those residents new to Wallingford, the 'Christmas Tree of Gratitude' is for leaving messages for our loved ones who have died, loved ones who are ill, and it also includes animals who are important members of our families. Christmas can be a sad, lonely and painful time for people living with loss.

# We will be at the tree for you to write your message on the Wallingford Shopping Day, Sunday 5th December, 11am-2pm.

From then on, the baubles will be available at the Town Information Centre (under the Town Hall) for you to collect. Messages may also be sent to me by email or landline (details below).

#### Theresa Jordan Thames Street, Wallingford OX10 0BH Email: roytheresalodge@aol.com Landline: 01491 836240

WY Y

**Citizens Advice information on vanishing energy suppliers** 

Many people have recently had the disconcerting experience of seeing their energy supplier break up and go out of business during the recent energy price fluctuations. It sounds pretty drastic, but the situation isn't as bad as it seems.

NO SEE SU

citizens advice

If you are one of those affected, remember these key facts: first of all, the gas or electricity supply itself won't be interrupted, so don't be concerned about that. Next, you should know that Ofgem, the industry regulator, will automatically move you to a new supplier. This usually takes a few weeks.

Wait for your new supplier to contact you. They will explain what will happen with your new account. But contact the new supplier yourself if you haven't heard from them within two weeks. You can check on **www.citizensadvice.org.uk** ("check who's taken over your energy supply") if you're not sure who your new supplier is.

While you're waiting to hear from the new supplier, it's a good idea to take meter readings (and a photo of the readings) as they might prove useful later. Make a note of your account balance too. Keep any old bills you have, as these can help prove your payment history, credit balance or debt.

If you aren't happy with your new supplier or tariff, you can switch suppliers. Look at **"switch energy supplier"** on our website or ring the **Citizens** Advice Consumer Helpline on 0808 223 1133.

Many people are seeing their energy bills increase significantly. If you are one of them, and worried about being able to meet these higher energy payments, please contact **Citizens Advice on our Adviceline number 0808 278 7907.** 

Citizens Advice has slightly different advice for small businesses whose energy suppliers have gone out of business. Please visit the Citizens Advice website **www.citizensadvice.org.uk** 

### Slimming World groups are back open in the community

Slimming World groups are back open in the community face to face and the local Consultants are so excited to welcome new and returning members back, as they are well aware how hard the last 20 months have been for so many.

With the national obesity rate more than doubling in the last 25 years here in the UK, and 72% of the population struggling with their weight since the pandemic, Slimming World are on a mission to help and support the local communities to losing weight in a safe, supportive and fun way.



touching hearts, changing lives

In **Wallingford & Cholsey, Slimming World** groups run on various days and times to give members flexibility and choice when it comes to deciding which group they'd like to attend. The local groups meet every week and support members to make changes to their shopping, cooking, eating and activity habits. Their healthy eating plan, Food Optimising, is easy to follow, generous and flexible and it makes slimming much easier than other weight loss programs which their members have tried. It is based on sound nutrition principles. It uses normal everyday healthy foods – no fads or gimmicks, just healthy eating in a way people can follow for life. They also help members to gradually increase their physical activity levels in ways which suit their lifestyle and at their own pace, with their activity programme, **Body Magic.** A warm welcome awaits at all of the Slimming World groups, no booking required. They look forward to welcoming you soon.

### At the Heart of Christmas - St Mary's and St Leonard's Wallingford

At the Heart of Christmas is the theme which runs through our Christmas services and activities for 2021. We very much hope that COVID restrictions this year will enable us to celebrate Christmas with a greater in-person presence than was possible last year. Here are a few highlights in addition to our usual Christmas services:

#### **Preparing for Christmas**

As we prepare for Christmas we have once again set up our online Advent Challenge with a different activity or challenge every day. To access it, go to the Advent & Christmas page of our website **www.marylemore.co.uk** 

#### Christmas Shopping Sunday – 5th December

It will be good to see Wallingford once more bustling with this event. St Mary's will be open from 13:00 to 15:00 for teas, coffees and cake. We shall also be offering activities for children and families.

#### Christingle – 12th December

This has always been a very popular event as we fill our church with light and support the Children's Society charity. This year it is on Sunday 12th December at 10:00. To make a Christingle, go to the Advent & Christmas page of our website **www.marylemore.co.uk** 

#### **Tree of Remembering**

For many of us, Christmas is also a time when we look back and often remember people who have died, people who have been a special part of our lives but are no longer with us. So from 1st December our Tree of Remembering will be in St Mary's. This tree offers the opportunity to remember friends and family who have died by hanging a star on the tree with the person's name. The tree will be available to everyone until 31st December. Fuller details available in St Mary's.

#### Longest Night Service – 21st December

2021 has been a difficult year as we have continued to cope with COVID and its many sad repercussions. So we are holding a reflective Christmas carol service (in addition to our usual service of Lessons & Carols) for those for whom this might be a difficult time of year. We hope that this will help those who take part to find space and hope, which the Christmas story offers. This service - The Longest Night - will take place in St Mary's on Tuesday 21st December at 19:00.

Other Christmas services : all at St Mary's unless otherwise indicated Sunday 28th Nov – Advent Carol Service 18:30 Sunday 19th Dec – Nine Lessons & Carols 18:30 Christmas Eve - Crib Services 15:00 and 16:30 - Midnight Communion 23:30 Christmas Day – Holy Communion 08:00 (St Leonard's) - Christmas Family Communion 10:00

Finally, underpinning our program of services and events is the theme: At the Heart of Christmas. From Christmas Eve until Epiphany (6th January) there will be a series of stories and meditations which explore themes close to the heart of Christmas. To find out more, or to receive these daily messages into your in basket, please go to the Advent & Christmas page of our website **www.marylemore.co.uk** 

### Wildlife (hospital) on our doorstep – can you help?

**Oxfordshire Wildlife Rescue (OWR)** now has a dedicated wildlife hospital pretty much on our doorstep (well, Wildway Road in Blewbury, OX11 9HW).

OWR is a registered charity which rescues, cares for and rehabilitates any sick, injured or orphaned British wildlife. Last year alone, over 3,200 animals were rescued – from tiny mouse pups to full-grown deer!

At the moment, we are looking after a lot of young hedgehogs, trying to get them to a healthy weight which will allow them to survive their winter hibernation. So, if you can help with any of the following, it would really help save lives:

- Tins or pouches of meat (ideally chicken) flavour cat, dog, kitten or puppy food. No fish please it makes them poorly!
- Old towels for little hoglets (very young hedgehogs) to snuggle in
- Clean newspaper for hedgehog bedding

Please drop donations at the hospital - there's a bin for them by the gate. Or if you can't get to Blewbury, please phone local volunteer Susan on 0790 320 7184. Follow "Oxfordshire Wildlife Rescue" on Facebook for news of our patients and activities.



St Mary's & St Leonard's

**Wallingford** *open to God, open to all* 







With thoughts turning towards holidays again, please do get in touch as we would love the opportunity to quote and help with your travel plans. From closer to home to far flung destinations, villas to cottages, hotels to tailormade tours, we can help with anything. We provide full financial protection, free expert advice and guidance in an uncertain world and can book companies such as TUI, EasyJet Holidays and Jet2 at no extra cost to you. We also work with hundreds of fantastic independent travel companies with an incredible range of holidays and experiences.

Do get in touch to discuss any plans you may have for this year, 2022 or even 2023. Next year is already filling up fast and we recommend early booking to get the best deals.

The Old Counting House, 82e High St, Wallingford OX10 0BS www.fullcircletravel.co.uk 01491 833227



Wallingford Methodist Church St Leonard's Square www.wallingfordmethodistchurch.org.uk

Sunday Worship 10.30 am and 6.30 pm. Junior Church and Creche at 10.30 am. EVERYONE WELCOME

> Thursdays 10.30 - 12.00 Call in for coffee and a chat

For details of other activities, including mid-week prayer & house groups, please contact our minister, Rev. Jocelyn Bennett Telephone: 01235 813242



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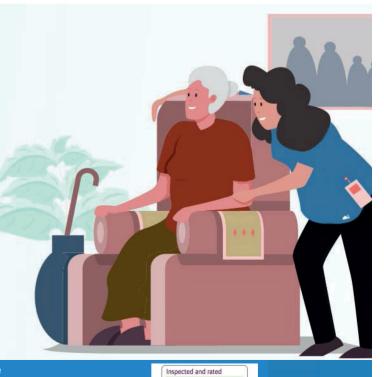
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# Wakey wakey my beauties

Sweet dreams... In the words of Princess Aurora, "If you dream something more than once, it's bound to come true." Well it's time to stop dreaming, because the Sinodun Players are back in the Corn Exchange and ready to wow you with their annual pantomime - Sleeping Beauty! With rehearsals in full swing, construction of the ground-breaking set is nearing completion. Meanwhile lighting and special effects are in the last stages of design. The costumiers are creating spectacular contemporary outfits, and the soundtrack is almost finalised.

**Old meets new...** You can expect the usual atmosphere of a traditional panto, with the addition of some futuristic twists and plenty of laughs. The classic French fairy tale has been re-worked by Wallingford based Pete Orton and Barbara Wood. We spoke to director Gloria Wright about the importance of the return of pantomime, for the Sinodun Players and audiences alike. "We are all looking forward to welcoming this traditional entertainment back at the Corn Exchange, after what has been a difficult time for us all."

New age time travellers... The new-age version of Sleeping Beauty, promises to be a high- quality performance, typical of the Sinodun Players. Their talented youth section 'Encore,' are also performing in a diverse variety of roles. The innovative set is something very new for the Corn Exchange too, and is sure to amaze you when it is unveiled on opening night! The re-worked script features more than one departure from the traditional story, but with plenty of humour. A host of unconventional characters even includes a cat taking a pivotal role! Add a good handful of contemporary tunes and you'll find it impossible to stop your toes from tapping! Key players... The Sinodun Players have been a key part of the cultural life of Wallingford since 1948, acquiring the Corn Exchange in 1975. Previous members include Dame Agatha Christie, who served as President from 1951 to 1976. Here you can enjoy live entertainment or the latest films, in an iconic setting. A much-needed diversion in today's high tech and permanently connected world. Theatre groups are a valuable but often neglected resource. They create social hubs, combatting loneliness and exclusion. Not to mention, encouraging empowerment by sharing and learning new skills. Behind the scenes are a huge number of people with a diverse range of skills, from sewing and painting to rigging lights and sound engineering. Fancy showing off your talents while having fun working with a great bunch of people? Why not visit their website and explore the opportunities to become involved?

Hard times... The last 18 months has been a tough time for the entertainment industry in the UK. Ringing the death knell for some theatre companies, unable to weather the storm. Now is the time for the amazing people of Wallingford to come together and play a part in ensuring the future of theatre in our town. Ticket sales will provide essential funds to help the Players continue their service to the community. They also ensure that the beautiful grade two listed Corn Exchange will be here for generations to come.

"So book your tickets now, says Gloria, and support your local theatre." "You'll also be giving yourself, your family and friends a fun night out, no matter what age you are".

Booking now open online at www.cornexchange.org.uk Email: info@cornexchange.org.uk

#### SHOW DATES & TIMES 2022:

Performances – Friday 14th to Saturday 29th January Tuesday – Friday performances at 7.30pm Saturday Matinee performances at 2pm Saturday Evening performances at 6.30pm No performances Sunday & Monday

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#### **Wallingford Local Producers Market**

Wallingford Local Producers Market is looking forward to our second **Christmas in Centre 70**. For those all-important locally-made gifts, do come and see what we have to offer. During this last year we have welcomed a number of new faces and many familiar faces are still with us. Whether you want to buy soft furnishings and other craft items, art works, ceramics, jewellery or special food items as gifts, or just do your weekly shopping, WLPM has it all. If you wish to check who will be attending a market, follow us on Facebook, or sign up to receive our weekly newsletter at **newsletter@wlpm.org.uk** 

#### **British Modern Military History Society** *Please note we will not be recording or streaming any of our live meetings or Zoom talks.*

It is planned that the first of these two talks will be on Zoom, and the second in Woodcote Village Hall. This may change – please check www.bmmhs.org for the latest information.

Our afternoon **Zoom meeting on Tuesday 4 January 2022** at **7.30pm** will be a talk by Jo Hook on Arnhem.

On Wednesday 12 January 2022 at 7.30pm Guy Walters will give a talk on The Real Great Escape. In early 1942 the Germans opened a top-security prisoner-of-war camp in occupied Poland for captured Allied airmen. Called Stalag Luft III, the camp soon came to contain some of the most inventive escapers ever known. In this talk Guy Walters takes a fresh look at this remarkable event and asks the question, what was the true story, not the movie version? Check out our website on www.bmmhs.org for details of all our talks, and to register for talks, email us on zoom@bmmhs.org

#### Wallingford & District Art Club

Get into the festive mood with an online demonstration (via Zoom) on **Tuesday December 7th** from contemporary artist Vicki Norman. Vicki is based in Shropshire and, as well as being a professional artist, enjoys teaching others. For this demo, she will be demonstrating how to set up and paint a Festive Still Life in a loose impressionist style.

If you would like to join us for the demo or to find out how to become a full member of this friendly club, please visit our website www.wallingfordartclub.org.uk or contact admin@ wallingfordartclub.org.uk

Wallingford & District Art Club will be welcoming in 2022 with their first online demonstration of the year on **Tuesday**, January 18th. The guest artist will be Les Darlow who specialises in the use of soft pastels to create beautifully expressive landscapes and seascapes. If you would like to join us for this demo, want to develop your artistic side as your New Year resolution and join a group of like-minded people, please visit our website www.wallingfordartclub.org.uk or contact admin@ wallingfordartclub.org.uk

#### **Wallingford Photographic Club**

The Club meets via Zoom every Thursday evening starting at 7.30 pm, with Zoom access from 7.15pm. We are hoping in the near future to combine the Zoom meetings with actual meetings at the Pavillion, 2 Benson Lane, Crowmarsh Gifford, Wallingford. Please check the website when these face-to-face meetings actually start. With the run up to Christmas do not miss the following meetings which promise to be fascinating:

#### 3rd December – South West USA – An Alternative Grand

**Circle**. The Speaker Bernard Novell talks about his three week tour of the canyons of the SW USA including a 2,500 mile drive from San Francisco, California to Santa Fe, New Mexico. Six states, eight National Parks, the geology, a scenic flight and a dawn balloon ride captured by camera over some of the most stunning scenery on our Planet.

#### 10th December – Members Online Competition - "Autumn"

**Theme**. We will be repeating the highly successful experiment from last season, where members submit up to two images (colour or monochrome) for the competition and vote for each image via their phones or computer. Results are determined by popular votes from members.

**17th December – Christmas Social**. Planned to be via Zoom. And a tempting taster for the new year...

**7th January – Members Practical Evening- 8 x10**. Eight members will give presentations for 10 minutes on a wide variety of topics, from Photo Collages and Composites, My Workshop Year, Woodland, The Way I Saw 2020, Before and After..., What Lies Beneath, Forde Abbey to Lockdown Travel.

Please visit **www.wallingfordphoto.club** to learn more about the club and find out how to get involved.

Anne Lusby

#### **Wallingford Country Market**

**Friday morning in St. Mary-le-More Church, (Market Place), between 9.30 am - 12 noon**. With Christmas on the horizon, why not let Wallingford Market help take the strain? Christmas orders can be placed for seasonal and other home baked goods from November onwards. In addition, as well as our regular seasonal plants and produce items, fresh Christmas decorations and wreaths will be available from December. Our Crafters are busy making small hand-crafted gifts and cards.

Do pop in one morning - you may be surprised at what you will find.

Our last market for **2021 will be Friday, 17th December**, but orders can be placed for delivery the following week by arrangement with the producer.

We return after the Christmas break on **Friday, 14th January, 2022**. Country Markets BAKE, CRAFT, GROW. We are currently looking for new producers. If you have any of these skills and feel that you may like to join our team, we would love to hear from you. For further enquiries, please contact Alison Broadbridge, our Market Manager, (email: **alison.broadbridge@gmail.com**), or come in and speak with her, or any of us, one Friday morning. We wish all our customers an enjoyable Christmas and a very happy and peaceful New Year!

#### **Winter Recitals Wallingford**

After an enforced absence in 2021, this popular series is back in 2022 with sparkling pianist Anita D'Attellis performing with her friends. The first two are on **January 15 and 29**, with 2 more to follow in February and March. They will be at St Mary's Church Wallingford with a 7.30 pm start.

Full details are at www.anitapiano.com. A welcome return!

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# **Scout Christmas Postal Service 2021**

This year we are able to offer deliveries to the following areas: Wallingford, Winterbrook, Cholsey, Moulsford, Brightwell-cum-Sotwell, Benson, Preston Crowmarsh, Roke, Rokemarsh, Berrick Salome, Shillingford, Warborough and Ewelme. As good as our service is we can not extend beyond these areas.

If you are new to this service it is run by local scouts with a huge band of willing volunteers. It costs 30p per card, just put the money with your cards in the Scout post boxes found in local shops and businesses. These will be collected during Dec and all cards will be delivered by Christmas Eve.

Boxes will be in place **from Dec 4th** and the last collection will be on **Thursday 20th Dec** (approx 15.30). Please only put cards in the boxes for our delivery areas and ensure they have a complete address, including post codes.

Post boxes in Wallingford can be found in KP Stationers, House of Cards, Feet First Shoe Repairs and Londis (Sinodun Rd). Other post boxes can be found in surrounding villages that have a Scout Group taking part.

In 2019 we delivered over 4500 cards. It would be fantastic if we could come back this year and beat that number. It is a great community service and fund raiser for the local groups involved. Please support it and make use of it for all your local cards.

# Grand opening by the Mayor of Wallingford

A team of volunteers has restored the telephone box ready for the Queen's Jubilee next year.

The phone box will be looked after by the museum and display a modern day history of the estate it is located in.

The team has also landscaped the area and sown wild flower seeds to support biodiversity in the area.

A great community team effort



Photographs of the before and after.

# Can you help inspire our Next Generation?

Scout Groups have been providing a wealth of activities and experiences to the children of Wallingford with the local branch in Benson running for nearly a hundred years.

Scouting offers young people the opportunity to learn new skills, gain independence, enjoy the outdoors and most importantly, have lots of fun! Activities include night hikes in Swyncombe Woods, canoeing on the river, pond dipping and much more.

But, the future of local Scout Groups, like 1st Benson, is reliant on a team of volunteer leaders. We are currently running short of leaders, which has meant less sessions are available and as our community expands, our waiting list is sadly getting longer.

We urgently need new leaders to ensure we can keep running existing sessions and provide opportunities for as many children as possible in our growing community.



You don't have to be a parent or have experience working with children to be a leader as full training and support is provided (DBS checks also a requirement). It's an incredibly rewarding experience and we welcome leaders from all backgrounds.

If you are interested in getting involved please get in touch to find out more by emailing Chris at jointheadventure@oxonscouting.org.uk



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Mary Mountstephen MA (SEN) MA (RES) Specialist in Learning Differences in Children Y1-Y8 Former Primary SENCO

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